

ROTARY CLUB OF NAGPUR DOWNTOWN

RI President 2024-2025 Rtn. Stephanie Urchick District Governor 2024-2025 Rtn. Rajinder Khurana

Club President 2024-2025 Rtn. Dr. Pratiksha Mayee Hon. Secretary 2024-2025 **Rtn. Mrudula Sudame**

NEWSLETTER NO. 3 : 15th JULY TO 21st JULY,

Dear Rotarians & Anns,

As we move through the month of July, I want to express my gratitude for your continued support and enthusiasm. Our projects and events are gaining momentum and it is all thanks to your dedication and commitment to our community.

As rightly said by Mahatma Gandhi " The best way to find yourself is to lose yourself in the service of others "

We are trying to incorporate this through our projects.

PROJECTS OF THE WEEK

Project : 14

Name of the project: Groceries Donation

Date of the Project: 17 / 07 / 2024

No of Beneficiaries: 52

Cost : INR 30,000 /-

No of Rotarians Involved: About 8

Project Description: Groceries worth Rs 30,000 were donated to "MANAV VIKAS TRAINING AND REHABILITATION CENTRE "Khapa village near Nagpur.

This Institution is imparting training to those with Mental disorders from 2021 July, thereby helping in their Rehabilitation . Run by Mr. Rajabhau Jodh on his own land, this is the first centre in Maharashtra where people with mental disorders are treated for a long .

Right now there are 52 inmates who are either orphans or rejected by their own families. Patients from Bangladesh and Nepal too have found their way to the rehab centre. To meet their needs , the centre is always in need of groceries. I'm happy to share that we could cater their few needs.

We meet on Friday at 7.30 pm at Navdrishti Hall, The Blind Relief Association, Opp. Dikshabhumi, Nagpur



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Hon. Secretary 2024-2025

My sincere gratitude to all the 3 Rotarians for their prompt response and the generous donations.

PP Rtn Dr Vikas Ingale 10,000/-

Rtn Vikrant Darvhekar 10,000/- As his Birthday Donation.

Rtn Prajakta Mangrulkar 7000/- In memory of her husband Parag Mangrulkar.

Definitely their noble gesture will inspire others to donate generously on Birthdays and Anniversaries.

Director Non-Medical: Rtn. Prajakta Mangrulkar





Project: 15

Name of the Project: Mental Health

Date of Project: 17 / 07 / 2024

No of Beneficiaries: 60

Project Description: Under the "Mental Health Awareness "Psychiatrist Dr. Anand Khare addressed the staff and caretakers of the "Manav Vikas Training And Rehabilitation Centre", Khapa. He visited both the wards for men and women who

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Hon. Secretary 2024-2025 Rtn. Mrudula Sudame

are with some kind of mental disorder. Guided their staff about handling the

patients and gave some suggestions about medicines and their day to day activities.

Thanks to Project Director Medical Rtn Dr. Suchita Ingale for her efforts in coordinating the talk on Mental Health.

UPCOMING EVENTS

Date	Event	
23 / 07/ 2024	Financial Literacy followed by Traffic Awareness at SUN ENVIRO	
24 / 07/ 2024	Birthday Project of Dr. Suchita Ingale	
27 / 07/ 2024	ANTAKSHARI	
28 / 07/ 2 <mark>024</mark>	Speaker Meet : HEALTH – PERSPECTIVES FROM HINDUISM	

CELEBRATIONS OF THE WEEK

Birthdays		
15 th July	PP Rtn Minal Dehadrai	
17 th July	Rtn. Vikrant Darvhekar	
19 th July	Atul Rajwadkar	
21 st July	RK Hars <mark>h M</mark> oharir	

Anniversary		
18 th July	Rtn Manish and Amruta Moharir	



Inniversaries d Birthdays

Yours in Rotary, **Rtn. Mrudula Sudame** Hon. Secretary RCNDT, 2024-25

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